# THE GRACEFUL GLIMPSES

MONTHLY NEWSLETTER, ISSUE: SEP- 2026.

JEEVODAYA SOCIETY
ENSURING HOLISTIC CHILD DEVELOPMENT

*"Quality Home, Strengthening Community Participation in Child Protection"*



***The key to happiness is peace of mind. This is not something that can be bought. Inner peace has to be cultivated by each of us from within. All our religious traditions, despite whatever philosophical differences there may be among them, carry the same message of love and warm-heartedness that is the foundation of such peace of mind.***

***Compassion, an active concern for others' well-being, is not only part of religion, it also belongs to our lives as human beings. From compassion we develop self-confidence; that brings inner strength, allowing us to act with transparency and truthfulness. If a person is happier, his or her family is happier; if families are happy, neighbourhoods and nations will be happy. By each of us working to transform ourselves, we can change our human way of life and make this a Sanctuary of compassion.***

***We must continually consider the oneness of humanity, remembering that we all want to be happy. And indeed, everyone has a right to a happy life. Along the way we may be faced with problems, but we must not lose hope. We must keep up our determination without being impatient to achieve quick results.***

***His Holiness the Dalai Lama***



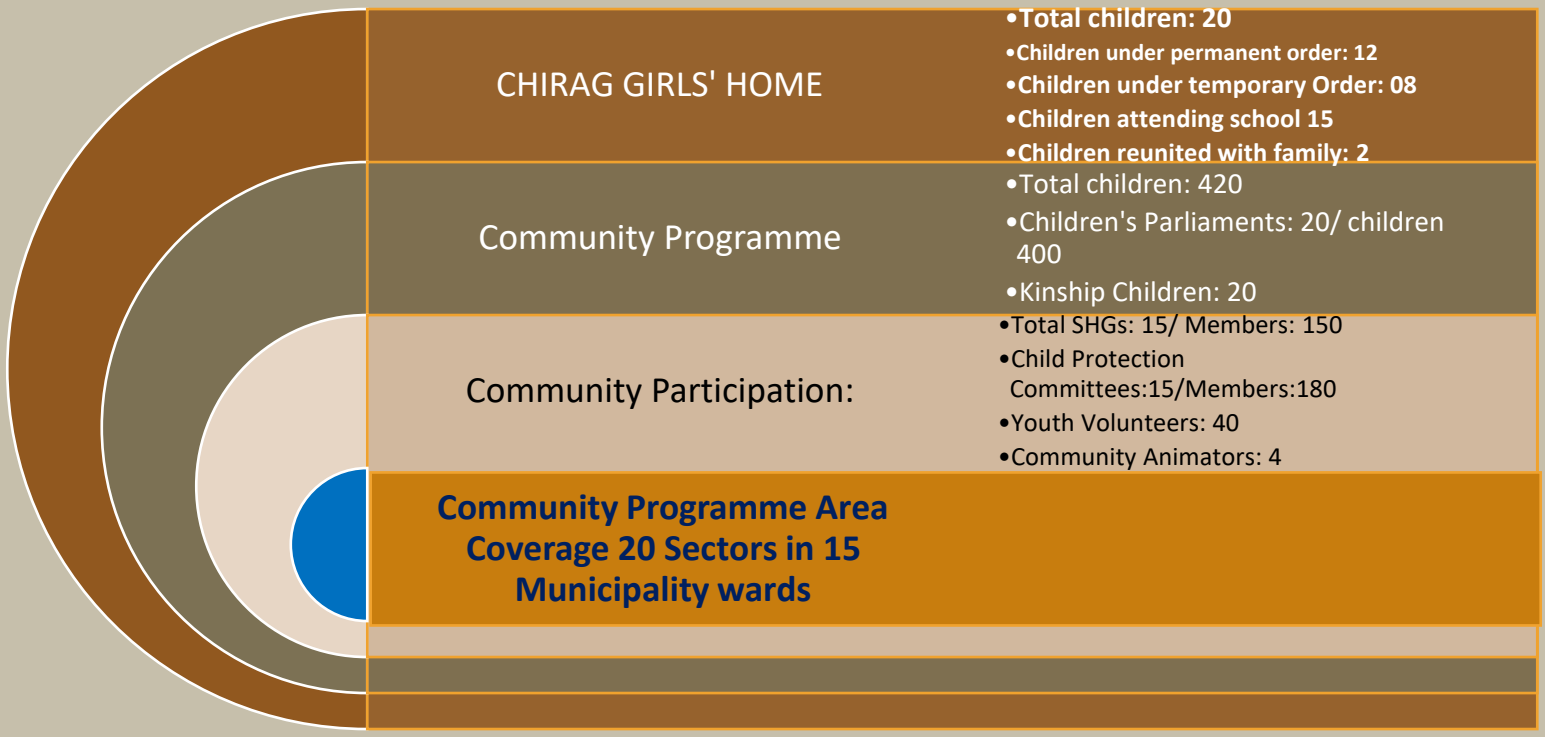



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# THE POP UPS OF SEPTEMBER 2026.




## Monthly Highlights: SEPTEMBER 2026

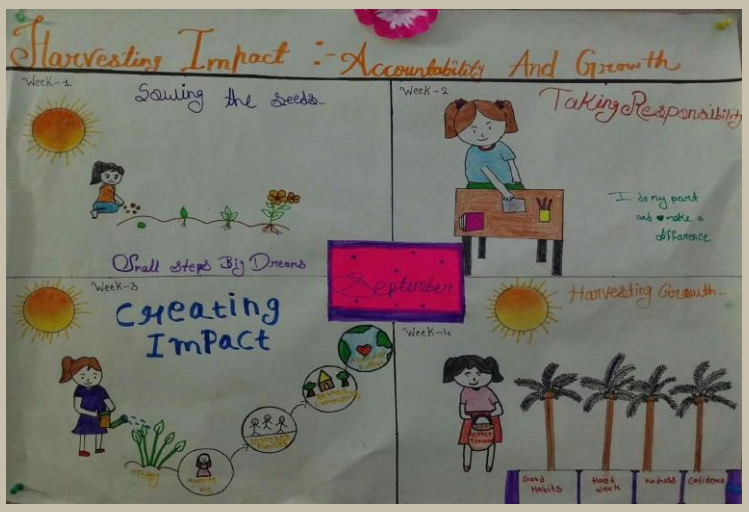



## Chirag Girls' Home Highlight

***Harvesting Impact: Accountability and Growth***

September was centred around the theme "**Harvesting Impact: Accountability and Growth.**" During the month, children at our CCI learned that every small step can lead to a meaningful change. In the first week, they focused on sowing the seeds of good habits by keeping their belongings neat, maintaining cleanliness, following their daily routine, speaking politely, and helping others. In the second week, the focus shifted to taking responsibility by completing assigned duties, caring for CCI property, helping younger children, and learning to accept their mistakes. During the third week, children explored creating a positive impact by supporting their friends, sharing, cooperating, respecting others, and actively participating in activities. In the fourth week, they reflected on their progress and understood that good habits, hard work, kindness, and confidence help them grow. Through these practices, children are becoming

more responsible, confident, caring, and independent. The month's journey reminded us that every child is a seed of




potential, and, with care, encouragement, and responsibility, every child can grow and flourish.

## 4 September 2026 – Janmashtami Celebration

Janmashtami is celebrated at CCI with great devotion, joy, and enthusiasm. The celebration provided children with an opportunity to learn about the cultural and spiritual significance of the festival. The children participated actively in various cultural and devotional activities, including devotional songs, dances, storytelling, and other activities related to the life of Lord Krishna. Through these activities, children learned about values such as truth, kindness, courage, love, friendship, compassion, and doing one's duty sincerely. The programme created a joyful and festive atmosphere at the CCI. The participation of children encouraged their creativity, confidence, teamwork, and appreciation of Indian culture and traditions. The celebration also provided children with an opportunity to come together, enjoy the occasion, and learn important moral and spiritual values in an engaging way.

## 29 Sept 2026 – Social Workers' Day

Social Workers' Day was celebrated at CCI to recognize and appreciate the valuable contribution of social workers towards the welfare, protection, development, and empowerment of children and communities. The programme helped children understand the important role social workers play in supporting individuals and families, especially during challenging situations. The children participated in a variety of activities, including a PPT presentation, songs, dances, and skits based on the theme of social work and service. Through these activities, children learned about the importance of kindness, care, empathy, respect, support, responsibility, and service to others.

The skits and presentations helped children understand how social workers listen to people, provide guidance, connect individuals with necessary support, and stand beside people during difficult times. Children are encouraged to appreciate the efforts of social workers and other people who work for the well-being of society. The programme created an atmosphere of appreciation and learning and encouraged children to develop empathy, social responsibility, helpfulness, and respect for others. It also reinforced the message that everyone can contribute to society through small acts of care, kindness, and service.

## "SWACHHATA HI SEVA" ACTIVITIES

Organized by: Jeevodaya Society – CCI Chirag Girls Home, Itarsi
Period: 17 September 2026 to 02 October 2026

## Cleanliness Drive – 19 September 2026

The activities began with a cleanliness drive conducted on 19 September 2026. Children associated with CCI – Chirag Girls' Home actively participated in cleaning the surrounding areas. They were encouraged to observe their surroundings, identify places where cleanliness needed improvement and contribute towards removing waste and maintaining clean premises.

During the activity, the children were sensitized about the harmful effects of littering and the importance of disposing of waste at appropriate places. They learned that careless disposal of waste can affect the environment as well as the health of the community. The practical nature of the activity helped children understand that maintaining cleanliness is the responsibility of everyone and that even small individual efforts can contribute to creating a cleaner and healthier environment.

## Poster Making Activity – 23 September 2026

On 23 September 2026, a creative poster-making activity was organized on the theme "**Swachhata Hi Seva.**" Children prepared colourful and meaningful posters expressing their understanding of cleanliness, personal hygiene, proper waste disposal, environmental protection and the importance of keeping public places clean.

The activity provided children with an opportunity to communicate their thoughts and ideas through art and creativity. Their posters reflected their understanding of the importance of maintaining a clean and healthy

environment. The best posters were appreciated, and the winners were encouraged with gifts. This recognition motivated the children to participate more actively in awareness and creative activities.



The activity also demonstrated that children can play an important role in spreading positive messages within their peer groups and communities.

## Best Out of Waste Activity – 25 September 2026

On 25 September 2026, a **Best Out of Waste** activity was conducted to promote creativity, recycling and the reuse of materials. Children used discarded and unused materials to create useful and decorative objects.

The activity encouraged children to look at waste materials differently and understand that many things which are usually thrown away can be reused creatively. Through the activity, children developed an understanding of reducing waste and protecting the environment. It also provided an opportunity for them to develop their creativity, imagination and practical thinking.

The activity reinforced the importance of the principles of reducing, reusing and recycling and encouraged children to adopt environmentally responsible habits in their daily lives.

## Active Participation of Children – 30 September 2026

On 30 September 2026, the active participation of children in the Swachhata Hi Seva campaign was highlighted through continued engagement in the various activities. Children from CCI – Chirag Girls' Home, along with children from PM SHRI School and Deshbandhu School, Itarsi, participated with enthusiasm and interest.



The activities provided children with opportunities to learn through practical experience, creative expression, discussion and teamwork. Their participation reflected their growing awareness of cleanliness, environmental protection and social responsibility. The campaign also helped children develop confidence, cooperation, communication skills and a sense of ownership towards their surroundings.

# SPARC: Community Programme Highligts

## A step towards safe childhood

### 35 Kinship Families Given training on Positive Parenting and Child Rights

Under the auspices of Jeevodaya Society, a one-day training program on "Parental Care for Kinship Families" was organized in Housing Board Colony, Cluster No.04. A total of 35 kinship families participated in this training program. Jeevodaya's Program Manager, Mr. Dilip Kumar was present as the key speaker and resource person for the event.

During the training, special emphasis was placed on the fact that due to various family circumstances, many children live under the care of their grandparents, relatives, or other extended family members (Kinship Care). While these caregivers provide a safe environment for the children, they require guidance regarding positive upbringing, emotional support, child rights, and child protection services.

The main objective of the program was to enhance the knowledge and skills of kinship caregivers, meet the emotional and developmental needs of the children, and raise awareness about child protection mechanisms and government support schemes. Practical guidance was provided to parents through the workshop so that children can grow up in a safe, affectionate, and nourishing family environment.



## From Four Walls to Self-Reliance

**Empowered by Jeevodaya Society and the Municipality, women of Ward 21 overcame financial struggles and are now earning a livelihood through their own skills.**

The women of Nala Mohalla (Ward Number 21) in Itarsi, Narmadapuram district, have set a remarkable example in society through their hard work and firm determination. Once confined solely to household chores, these women have now become economically self-reliant. Formed with the support of the Jeevodaya Society, the Kabir Self-Help Group has brought a fresh dawn to their lives. The organization trained the women through SHG Leaders Training, teaching them business skills. Additionally, they were provided with information about various government schemes in coordination with the municipality.



After completing their training, the women began crafting items using their skills and selling them in the market. With the efforts of the Jeevodaya Society and the municipality, they got wonderful opportunities to set up stalls at prominent locations such as Gandhi Stadium, MGM College, Galla Mandi, and Sarla Bhavan. The group received an order from the municipality to make 500 diyas, earning an income of approximately ₹3,000. Today, the women of the group are making daily sales ranging from ₹400 to ₹500 by setting up stalls at various places. Furthermore, they are continually receiving orders to make bags.

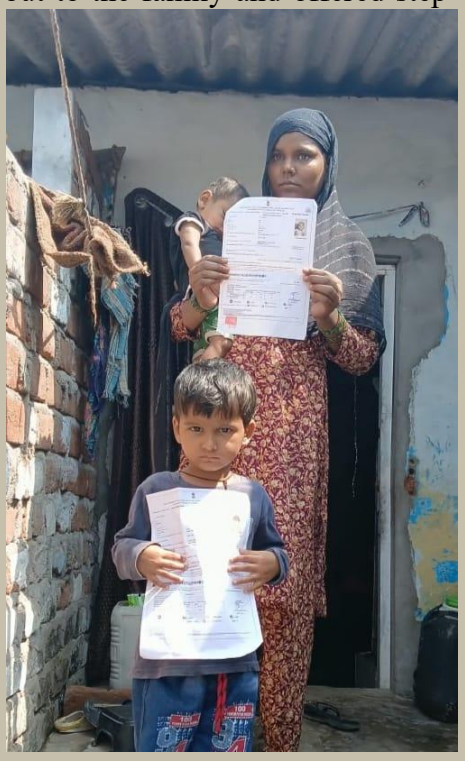
This group is not only growing stronger economically but is also actively fulfilling its social responsibilities. The women associated with the group enthusiastically participate in campaigns like tree plantation, arranging food and water for birds, and maintaining cleanliness in the area. Today, the women of the Kabir Self-Help Group are far more confident than before. Through their hard-earned income, they are not only supporting their families but also carving out a distinct identity for themselves in society. With the right training and opportunities, these women have proven that they can bring about a major, positive transformation in their lives.

## Small Initiative Brings Big Impact: Two children Gain Access to Nutritional Rights after getting Aadhar Enrollment

**CPC Members' Efforts Ensure Aadhaar Enrollment, Reconnecting Jiyan and Jedh to Essential Anganwadi Nutrition**

During the CPC meeting held in Bhagat Singh Nagar, the plight of 3-year-old Jiyan and 8-month-old infant Jedh came to light. Due to the absence of Aadhaar cards, their names could not be registered on the 'Poshan Tracker,' leaving them deprived of essential nutritional food provided by the local Anganwadi center.

Upon learning about the issue, CPC members immediately reached out to the family and offered step-by-step guidance on how to secure the necessary documentation. Despite challenging economic and social circumstances, the members' persistent support enabled the children's father to successfully obtain Aadhaar cards for both the children. With their Aadhaar cards in hand, the children were promptly registered on the Poshan Tracker and have now begun receiving regular nutrition from the Anganwadi center.



This successful effort by the CPC members has led to a significant positive step towards the children's health and well-being. This success story proves that with proper guidance and community support, children can be easily connected to their rights and vital government welfare schemes.

## A Model of Collective Efforts: Child Protection Committee Rescues 4-Year-Old Pari from the Cycle of Malnutrition

**Success Achieved Through Joint Efforts of CPC, ASHA Worker, and ANM in Housing Board Colony; Girl's Health Improves After Treatment at NRC.**

A young girl has been provided with timely healthcare services through the mutual coordination and prompt action of the Child Protection Committee (CPC) and local health workers. During the CPC meeting held in Housing Board Colony, the issue of 4-year-old Pari Tiwari being severely malnourished and suffering from frequently deteriorating health was brought to light. Considering the critical condition of the child, the committee took swift action without delay.



Understanding the sensitivity of the situation, members of the Child Protection Committee, along with the ASHA worker and ANM, visited the child's home to meet her family. The family, who initially hesitant, was counseled in detail about the importance of the child's health, proper nutrition, and timely medical care. Thanks to the continuous efforts and guidance of the health workers, the family agreed to admit the girl to the Nutrition Rehabilitation Centre (NRC).

Following the family's consent, Pari Tiwari was admitted to the NRC from September 10 to September 18. During this period, under the supervision of doctors and health experts, the child was provided with essential nutritional care and proper medical treatment, resulting in significant improvement in her health. This successful initiative proves that regular CPC meetings and seamless coordination with the health department at the community level can play a vital role in combating malnutrition.

**Future Action Plan and Continuous Monitoring:** To ensure that the child's health continues to improve, the Child Protection Committee and the health team have formulated a special action plan. The ASHA worker and ANM will regularly monitor the child's health and nutrition while staying in constant touch with the family to ensure proper follow-up care.

# Success Stories

## CPC Efforts to Facilitate Birth Certificate Process for 4-Year-Old Gautam

During the CPC meeting held in Nadi Mohalla, an issue regarding documentation for 4-year-old Gautam came to light. Following his father's departure from the family, Gautam's mother has been raising him single-handedly. Due to difficult economic circumstances, the child's birth certificate could not be made, creating obstacles in accessing government welfare schemes.

Taking the matter seriously, CPC members contacted the family and provided support with the application process. The child was taken to the government hospital, where his date of birth was verified through the local Anganwadi center, and the necessary documents were submitted. The process for issuing Gautam's birth certificate is currently underway, which will soon enable his parents to access government schemes and his rightful benefits.

# Children's Voices

### My Experience: By Simran

It was a wonderful and meaningful experience for me to conduct a session on "Good Touch and Bad Touch" with staff of Jeevodaya (Chirag girls' home) at Deshbandhu School, where I had studied. Returning to my school as a resource person brought back many happy memories and made the occasion even more special. During the session, I interacted with the students and explained the importance of understanding personal boundaries and recognising safe and unsafe touch. I encouraged them to speak openly and confidently with a trusted adult whenever they feel uncomfortable or unsafe. The students participated enthusiastically and asked thoughtful questions. Their curiosity and responses made the session interactive and enjoyable. I was happy to see that the students were eager to learn about such an important topic. Conducting this session at my own school was an emotional and proud moment for me.

### My Achievement: By Devki

I am very happy and proud to share that I participated in an essay-writing competition on "Swachhata Hi Seva" and won the 2nd prize. I wrote about the importance of cleanliness and how we can all help keep our surroundings clean. I felt very excited and proud when I received the prize. This experience gave me confidence and encouraged me to participate in more competitions. I am thankful to Staff for their support and encouragement. It was a wonderful and memorable experience for me.

## Trainings & Seminars- Sept 2026

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|---|---|
| **Monthly Review meeting: 3rd Sept 2026,** | • Special Focus was on Communication, Coordination and Commitment |
| **01/09/2026, 06/09/2026,– Pre and Post Survey for CP Children:** | • Conducting Post surveys with Child Protection (CP) children focusing on Child Rights and Child Protection. |
| **20/09/2026 – CP Leaders Training:** | • Organizing a training session for 40 CP leaders at SPARC on the topic "Responsibilities and Roles of CP Leaders." |
| **27/09/2026 – Youth Leaders Training:** | • Conducting a training session for 40 Youth Leaders at SPARC on the topic "The Power of Youth in Driving Community Transformation." |
| **28/09/2026 – Kinship Family Training** | Conducting a training session on Parental Care for kinship families at Housing Board Colony. |
| **26/09/2026 -Animators training** | • Conducting a training session on at Housing Board Colony. |

## Upcoming Events and Trainings – Oct-2026

- 04/10/2026 Monthly Review and Planning
- Cluster Awareness Campaign: Scheduled for Friday, October 2, 2026:
- Multi-Stakeholder Training: Scheduled for Wednesday, October 14, 2026, on the topic "Roles of Service Providers in Child Development".
- SHG Leaders' Training: Scheduled for Thursday, October 15, 2026, on the topic "Entrepreneurship and Small Business Management".
- Psycho-Social Training 20 Kinship Children's : Scheduled for Friday, October 16, 2026, for Kinship Care Children on the topic "Psycho-Social Development".
- CP Leaders' Training: October 25,2026 on Roles and Responsibilities
- Animators' Capacity Building: October 31, 2026 on SHG Concept

## JEEVODAYA'S COMMITMENT

We continuously strive to maintain a safe, accountable, and child-friendly environment.

## Expression of Gratitude

**We the Jeevodaya family express our heartfelt gratitude to:**

**Our donors and well-wishers**
**District Child Protection Department**
**Local schools and healthcare partners**
**Our dedicated staff and volunteers**

***Your collaboration makes our work possible…. Thank You***

## Kinship Care: An Appeal

**In our work area, there are a number children who are in need of support for their education and health & Nutrition care; if you wish to participate in making the life of a child brighter by supporting with Rs. 10,000 /- annum under Kinship Care, please contact us. We highly value your contribution.**


**Contact Us:**

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